



CODE OF CONDUCT FOR ROAD RUNNING

Reigate Priory AC is fully committed to safeguarding and promoting the wellbeing of all its members. As a member of Reigate Priory AC you are expected to abide by the following code of conduct:

- Members under the age of 16 are not permitted to train on the road with RPAC.
- Members aged 16 and 17 must be either
 - in eye sight of a coach, run leader or official (DBS checked)
 - or be running with at least one other member aged 16 or 17
- Under no circumstances should a coach, run leader or official conduct a session where the only other attendee is a member aged 16 or 17 (irrespective of DBS check status).
- All members must keep to published timings for training.
- All members are responsible for the health and safety of themselves and all other road/highway users.
- All members will have to wear hi visibility reflective AND bright clothing (preferably white) or bibs for autumn/winter road sessions, failure to do so will result in their exclusion from the session.
- Always wear suitable running shoes.
- In the interests of safety the use of any electronic device with earphones are not allowed, failure to do so will result in the member's exclusion from the session.
- Wherever possible run on the pavements unless there is a hazard preventing use of pavement, and look out for and warn other runners of impending hazards.
- If running in the road is the only alternative keep to the side and respect other road users and look out for impending hazards.

All members must respect coaches, officials, volunteers and their decisions.